	Time 时间		1	
Date 日期	Start 开始	End 结束	Location 地点	<u>Description</u> 描述
11/8	Friday 周五			
11/8	10:00 AM	5:30 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	IRONMAN Athlete Check-In(No Athlete Check-In On Race Day) 运动员报到(比赛当天不接受报到)
11/8	10:00 AM	5:30 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	IRONKIDS Registration 小铁人注册
11/8	10:00 AM	5:30 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	IRONMAN Village Open 铁人村开放
11/8	10:00 AM	5:30 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	Offical Merchandise Store Open 官方纪念品区开放
11/8	10:00 AM	5:30 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	Bike Store and Tech Services Open 自行车维修中心开放
11/8	10:00 AM	5:30 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	Information Booth Open 信息中心开放
11/8	3:00PM	3:45PM	Xiamen International Conference & Exhibition Center-TBD 会展中心(具体地点待定)	English Language Athlete Briefing 运动员技术会议(英文)
11/8	5:00PM	5:45PM	Xiamen International Conference & Exhibition Center-TBD 会展中心(具体地点待定)	Chinese Language Athlete Briefing 运动员技术会议(中文)
11/9	Saturday 周7	₹	<u>Location 地点</u>	Description 描述
11/9	9:00 AM	5:00 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	IRONMAN Athlete Check-In(No Athlete Check-In On Race Day) 运动员报到(比赛当天不接受报到)
11/9	9:00 AM	5:00 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	IRONMAN Village Open 铁人村开放
11/9	9:00 AM	5:00 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	Offical Merchandise Store Open 官方纪念品区开放
11/9	9:00 AM	5:00 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	Bike Store and Tech Services Open 自行车维修中心开放
11/9	9:00 AM	5:00 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	Information Booth Open 信息中心开放
11/9	9:00 AM	10:30 AM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	IRONKIDS Registration 小铁人注册
11/9	10:00 AM	10:45 AM	Xiamen International Conference & Exhibition Center-TBD 会展中心(具体地点待定)	Pro Athlete Panel 职业运动员见面会
11/9	10:45 AM	11:00AM	Southside of Seaside Hotel- Start & Finish Line Location 会展酒店门前 - 起终点区	IRONKIDS Warm Up with IRONMAN Pro Athletes 职业运动员带领小铁人热身
11/9	11:00 AM	12:30 PM	Southside of Seaside Hotel- Start & Finish Line Location 会展酒店门前 - 起终点区	IRONKIDS Start/Finish 小铁人比赛

11/9	9:00 AM	5:30 PM	Bus Parking Area on the beach- Transition Area 沙滩停车场-转换区	Mandatory Bike and Gear Bag Check-in (Bikes not racked by 5:30pm will not be elligible to race) 转换区自行车、装备包检录(在下午5:30前完成所有装备检录,否则将无法比赛)
11/9	2:00 PM	2:45 PM	Xiamen International Conference & Exhibition Center-TBD 会展中心(具体地点待定)	Chinese Language Athlete Briefing 运动员技术会议(中文)
11/9	3:00 PM	3:45 PM	Xiamen International Conference & Exhibition Center-TBD 会展中心(具体地点待定)	English Language Athlete Briefing 运动员技术会议(英文)
11/9	4:00 PM	4:45 PM	Xiamen International Conference & Exhibition Center-TBD 会展中心(具体地点待定)	Chinese Language Athlete Briefing 运动员技术会议(中文)
11/10	Race Day-Sund	lay周日	Location 地点	Description 描述
11/10	5:30 AM	7:15 AM	Bus Parking Area on the beach-Transition Area 沙滩停车场-转换区	Transition Opens 转换区开放
11/10	9:30 AM	5:30 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	IRONMAN Village Open 铁人村开放
11/10	9:30 AM	5:30 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	Offical Merchandise Store Open 官方纪念品区开放
11/10	9:30 AM	5:30 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	Information Booth Open 信息中心开放
11/10	8:00 AM		Beach 海滩	Pro Men Start 职业组出发(男子)
11/10	8:05 AM		Beach 海滩	Pro Women Start 职业组出发(女子)
11/10	8:15 AM		Beach 海滩	Age Group Rolling Start 分龄组滚动式出发
11/10	11:44 AM		Finish Line 终点线	First Athlete Finish the Race(Approx) 第一名运动员完成比赛 (预估时间)
11/10	12:00 PM	5:30 PM	Xiamen International Conference & Exhibition Center-A8 会展中心A8馆	Post-race Athlete Food 赛后运动员餐
11/10	12:00 PM	5:30 PM	Southside of Seaside Hotel- Start & Finish Line Location 会展酒店门前 - 起终点区	Morning Clothes Pick Up 领取晨装包
11/10	2:15 PM	5:30 PM	Bus Parking Area on the beach-Transition Area 沙滩停车场-转换区	Athlete Bike and Gear Bag Check Out 转换区对外开放,装备包开放验出
11/10	6:30PM	7:45PM	Xiamen International Conference & Exhibition Center Multi-function Room 5th FL (TBD)	Awards Banquet 颁奖宴会
11/10	7:45PM	9:15PM	会展中心(具体地点待定) Xiamen International Conference & Exhibition Center Multi-function Room 5th FL (TBD) 会展中心(具体地点待定)	加夫安云 IRONMAN World Championship and IRONMAN World Championship 70.3 Slot Allocation Roll Down 世锦寨入围资格确认