2019 IRONMAN 70.3 Xiamen

Schedule of Event

IRONMAN 70.3 Event Date: Nov 10

| | Time 时间 | | | |
|---------|-------------|-----------|---|--|
| Date 日期 | Start 开始 | End 结束 | Location地点 | Description 描述 |
| 11-8 | Friday 周五 | | | |
| 11-8 | 10:00 AM | 5:30 PM | Xiamen International Conference & Exhibition Center-A8 | IRONMAN Athlete Check-In (No Athlete Check-In On Race Day) |
| | | | 会展中心A8馆 | 运动员报到(比赛当天不接受报到) |
| 11-8 | 10:00 AM | 5:30 PM | Xiamen International Conference & Exhibition Center-A8 | IRO NKIDS Registration |
| | | | 会展中心A8馆 | 小铁人注册 |
| 11-8 | 10:00 AM | 5:30 PM | Xiamen International Conference & Exhibition Center-A8 | IRONMAN Village Open |
| | | | 会展中心A8馆 | 铁人村开放 |
| 11-8 | 10:00 AM | 5:30 PM | Xiamen International Conference & Exhibition Center-A8 | Offical Merchandise Store Open |
| | | | 会展中心A8馆 | 官方纪念品区开放 |
| 11-8 | 10:00 AM | 5:30 PM | Xiamen International Conference & Exhibition Center-A8 | Bike Store and Tech Services Open |
| | | | 会展中心A8馆 | 自行车维修中心开放 · · · · · · · · · · · · · · · · · · · |
| 11-8 | 10:00 AM | 5:30 PM | Xiamen International Conference & Exhibition Center-A8 | Information Booth Open |
| | | | 会展中心A8馆 | 信息中心开放 |
| 11-8 | 3:00PM | 3:45PM | Xiamen International Conference & Exhibition Center-International | English Language Athlete Briefing |
| | | | Auditorium | |
| | | | 会展中心国报厅 | |
| 11-8 | 5:00PM | 5:45PM | Xiamen International Conference & Exhibition Center-International | Chinese Language Athlete Briefing |
| | | | Auditorium | 运动员技术会议 (中文) |
| | | | 会展中心国报厅 | |
| 11-9 | Saturday 周六 | | <u>Location 地点</u> | Description 描述 |
| 11-9 | 9:00 AM | 5:00 PM | Xiamen International Conference & Exhibition Center-A8 | IRONMAN Athlete Check-In (No Athlete Check-In On Race Day) |
| | | | 会展中心A8馆 | 运动员报到(比赛当天不接受报到) |
| 11-9 | 9:00 AM | 5:00 PM | Xiamen International Conference & Exhibition Center-A8 | IRONMAN Village Open |
| | | | 会展中心A8馆 | 铁人村开放 |
| 11-9 | 9:00 AM | 5:00 PM | Xiamen International Conference & Exhibition Center-A8 | Offical Merchandise Store Open |
| | | | 会展中心A8馆 | 官方纪念品区开放 |
| 11-9 | 9:00 AM | 5:00 PM | Xiamen International Conference & Exhibition Center-A8 | Bike Store and Tech Services Open |
| | | | 会展中心A8馆 | 自行车维修中心开放 |
| 11-9 | 9:00 AM | 5:00 PM | Xiamen International Conference & Exhibition Center-A8 | Information Booth Open |
| | | | 会展中心A8馆 | 信息中心开放 |
| 11-9 | 9:00 AM | 10:30 AM | Xiamen International Conference & Exhibition Center-A8 | IRO NKIDS Registration |
| | | - · - *·* | 会展中心A8馆 | 小铁人注册 |
| | | | | |

| 11-9 | 10:00 AM | 10:45 AM | Xiamen International Conference & Exhibition Center-A8 会展中心A8馆 | Pro Athlete Panel 职业运动员见面会 |
|---|---|-------------------------------|---|--|
| 11-9 | 10:45 AM | 11:00AM | Southside of Seaside Hotel- Start & Finish Line Location 会展酒店门前 - 起终点区 | IRONKIDS Warm Up with IRONMAN Pro Athletes 职业运动员带领小铁人热身 |
| 11-9 | 11:00 AM | 12:30 PM | Southside of Seaside Hotel- Start & Finish Line Location 会展酒店门前 - 起终点区 | IRONKIDS Start/Finish 小铁人比赛 |
| 11-9 | 9:00 AM | 5:30 PM | Bus Parking Area on the beach- Transition Area 沙滩停车场 - 转换区 | Mandatory Bike and Gear Bag Check-in (Bikes not racked by 5:30pm will not be elligible to race) 转换区自行车、装备包检录(在下午5:30前完成所有装备检录,否则将无法比赛) |
| 11-9 | 2:00 PM | 2:45 PM | Xiamen International Conference & Exhibition Center-International Auditorium 会展中心国报厅 | Chinese Language Athlete Briefing 运动员技术会议(中文) |
| 11-9 | 3:00 PM | 3:45 PM | Xiamen International Conference & Exhibition Center-International Auditorium 会展中心国报厅 | English Language Athlete Briefing 运动员技术会议(英文) |
| 11-9 | 4:00 PM | 4:45 PM | Xiamen International Conference & Exhibition Center-International Auditorium 会展中心国报厅 | Chinese Language Athlete Briefing 运动员技术会议(中文) |
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| 11-10 | Race Day-Sund | lay周日 | Location地点 | Description 描述 |
| 11-10 11-10 | Race Day-Sund 5:30 AM | lay周日 7:15 AM | | Description 描述 Transition Opens 转换区开放 |
| | | | Location 地点 Bus Parking Area on the beach- Transition Area | Transition Opens |
| 11-10 | 5:30 AM | 7:15 AM | Location 地点 Bus Parking Area on the beach- Transition Area 沙滩停车场 - 转换区 Xiamen International Conference & Exhibition Center-A8 | Transition Opens 转换区开放 IRONMAN Village Open |
| 11-10 11-10 | 5:30 AM 9:30 AM | 7:15 AM 5:30 PM | Bus Parking Area on the beach- Transition Area 沙滩停车场 - 转换区 Xiamen International Conference & Exhibition Center-A8 会展中心A8馆 Xiamen International Conference & Exhibition Center-A8 | Transition Opens 转换区开放 IRONMAN Village Open 铁人村开放 Offical Merchandise Store Open |
| 11-10 11-10 11-10 | 5:30 AM 9:30 AM 9:30 AM | 7:15 AM 5:30 PM 5:30 PM | Bus Parking Area on the beach- Transition Area 沙滩停车场 - 转换区 Xiamen International Conference & Exhibition Center-A8 会展中心A8馆 Xiamen International Conference & Exhibition Center-A8 会展中心A8馆 Xiamen International Conference & Exhibition Center-A8 | Transition Opens 转换区开放 IRONMAN Village Open 铁人村开放 Offical Merchandise Store Open 官方纪念品区开放 Information Booth Open |
| 11-10 11-10 11-10 11-10 | 5:30 AM 9:30 AM 9:30 AM 9:30 AM | 7:15 AM 5:30 PM 5:30 PM | Bus Parking Area on the beach- Transition Area 沙滩停车场 - 转换区 Xiamen International Conference & Exhibition Center-A8 会展中心A8馆 Xiamen International Conference & Exhibition Center-A8 会展中心A8馆 Xiamen International Conference & Exhibition Center-A8 会展中心A8馆 Beach | Transition Opens 转换区开放 IRONMAN Village Open 铁人村开放 Offical Merchandise Store Open 官方纪念品区开放 Information Booth Open 信息中心开放 Pro Men Start |
| 11-10 11-10 11-10 11-10 11-10 | 5:30 AM 9:30 AM 9:30 AM 9:30 AM 8:00 AM | 7:15 AM 5:30 PM 5:30 PM | Bus Parking Area on the beach- Transition Area 沙滩停车场 - 转换区 Xiamen International Conference & Exhibition Center-A8 会展中心A8馆 Beach 海滩 Beach | Transition Opens 转换区开放 IRONMAN Village Open 铁人村开放 Offical Merchandise Store Open 官方纪念品区开放 Information Booth Open 信息中心开放 Pro Men Start 职业组出发(男子) |

| 11-10 | 12:00 PM | 5:30 PM | Xiamen International Conference & Exhibition Center-A8 会展中心A8馆 | Post-race Athlete Food 赛后运动员餐 |
|-------|----------|---------|--|---|
| 11-10 | 12:00 PM | 5:30 PM | Southside of Seaside Hotel- Start & Finish Line Location 会展酒店门前 - 起终点区 | Morning Clothes Pick Up 领取晨装包 |
| 11-10 | 2:15 PM | 5:30 PM | Bus Parking Area on the beach- Transition Area 沙滩停车场 - 转换区 | Athlete Bike and Gear Bag Check Out 转换区对外开放,装备包开放验出 |
| 11-10 | 6:30PM | 7:45PM | Xiamen International Conference & Exhibition Center Multi-Function Room 5th FL 会展中心5层多功能厅 | Awards Banquet 颁奖宴会 |
| 11-10 | 7:45PM | 9:15PM | Xiamen International Conference & Exhibition Center Multi-Function Room 5th FL 会展中心5层多功能厅 | IRONMAN World Championship and IRONMAN World Championship 70.3 Slot Allocation Roll Down世锦赛入围资格确认 |

Edited on June 4, 2019