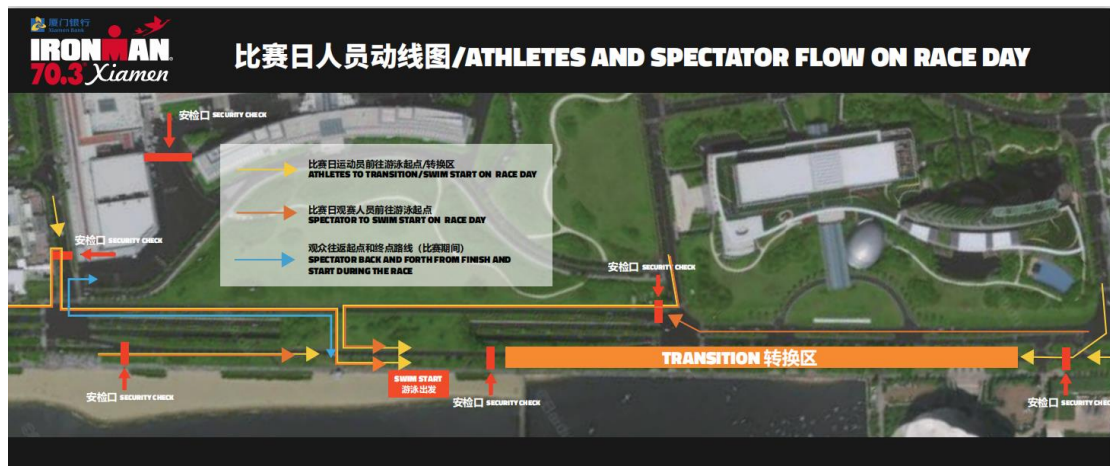


# 2019 IRONMAN 70.3 Xiamen Spectator Plan

## 1. Traffic and Parking

Due to the traffic control on race day morning, public transportation is highly recommended. Please also pay attention to the Local Traffic Control Notice.

## 2. Spectator Routes



### (1) Routes

**Swim:** The beach area in front of Seaside Hotel (near the globe sculpture). Male Pro start at 8:00, female Pro start at 8:05, and age group start at 8:15.

**Bike:** Along the bike course, from the Transition north to the intersection of Fangzhong Rd. And Suwu Rd., south to the intersection of Island Ring South Blvd and Long Hu Shan Rd.

**Run:** Along the side road of Island Ring East Blvd south to the turnaround which is 5kms away from the Transition. Go through a crosswalk from run course to finish

area.

## (2) Signage

Spectator signage will be set and along the routes there will be bilingual volunteers

help to guide spectators.

厦门银行 IRONMAN 70.3 Xiamen	
TO TRANSITION /SWIM START 前往 转换区 / 游泳起点 550 M	TO BRIEFING 前往 技术会 350 M
技术会/BRIEFING:	转换区开放时间/TRANSITION OPEN:
周五(FRI): 3:00PM-3:45PM (ENG) 5:00PM-5:45PM (中文)	周六(SAT): 9:00AM-5:30PM
周六(SAT): 1:00PM-1:45PM (日本語アスリート ブリーフィング) 2:00PM-2:45PM (中文) 3:00PM-3:45PM (ENG) 4:00PM-4:45PM (中文)	周日(SUN): 5:30AM-7:15AM 2:15PM-5:30PM

## 3. Security check and Credentials



## (1) Location of Security Checking

6 security posts from Exhibition Hall area get to IRONMAN Village/Swim Start/Transition/Finish are shown on the map above. For No. 4 and No.5 that's the security posts for transition, athletes and staff only.

## (2) Credential

Spectators can get the Friends and Family cards from the Athlete Registration (Exhibition Center A8, available on Friday and Saturday during registration opening hours). If someone lost or forget to bring the cards, we have some back up cards at No.1 & No. 2 & No. 3 & No. 6 security posts, there will be volunteers to distribute send the Friends and Family cards.

